

# MBCG Retreat and Trip Packing List

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Listed below are suggested items to bring for our MBCG retreat at Chewelah Peak and trips to overnight competitions. **Please label your items** with your name. Although we take security very seriously, items brought will be AT YOUR OWN RISK!

## Eligibility and Forms

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### Eligibility - ONLINE

- Family ID – Medical Information and Release
- MBCG Online Eligibility Forms –  
Student Code, Calendar, Registration,  
Travel Permission and Dietary Needs
- Fees – Keep current! -ASB, Warm ups and Costume,  
Percussion Fee, Season Fees

## Rehearsal Needs

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- Instrument and accessories – extra reeds, cork grease, valve/slide oil, etc.
- Sticks and mallets – **all percussion** should bring at least 1 pair of sticks!
- Jazz tennis shoes – Color guard
- Equipment gloves – Color guard
- Water bottle (1/2 or 1 gallon recommended)
- Sunscreen
- Sunglasses
- Hat
- Bug spray

## Clothing Needs

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- Athletic shoes
- Marching/moving clothes (basketball/running shorts, t-shirts, socks, etc.)  
Remember - school dress code applies!
- Warm clothes (sweatshirt, sweatpants, etc.)

## Toiletries and Personal Items

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- Soap, shampoo and conditioner
- Deodorant
- Toothbrush and toothpaste
- Towel
- Swimsuit (if needed for showers)
- Cell phone and charger (very little to no cell service at Chewelah Peak)

## Sleeping Needs – Needed for Retreat and Competitions

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- Sleeping bag/blanket
- Air mattress or camping pad, air pump (not needed for Chewelah Peak)
- Pillow
- Sheet for mattress at Chewelah Peak

## Other Reminders:

Listening to music is okay – you must use headphones to be courteous to all. Keep your volume at a level that is safe for your ears and does not disrupt others.

Avoid bringing expensive and/or sentimental items that will cause grief if lost or stolen (Jewelry, watches, pets, etc). We are rehearsing a lot so your time with those items may be limited AND it's not a fashion show...keep your \$200 designer jeans at home for now.

Cell phone use is not permitted during rehearsals and will be kept to a minimum during "Lights Out" hours. Outlets are also limited; could you go 3 days without a phone?

Appearance and Behavior should be appropriate for school and public. Keep your P.D.A. non-existent and your parts covered; we're not at the beach.